

Worksheet: Who Have You Been Attracting?

Your past relationships:

Name: _____

What attracted you: _____

Why did you first commit: _____

How were you treated: _____

Why did you stay: _____

What did they give you that you felt you needed: _____

Why did it end: _____

What did you learn from the relationship: _____

Name: _____

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Why did it end: _____

What did you learn from the relationship: _____

Who is the woman showing up in life that attracts these men?

